

CONCERNED ABOUT COVID OR FLU?

STOP THE SPREAD OF ILLNESS!



WASH YOUR HANDS

WITH SOAP AND WARM WATER FOR 20 SECONDS OR MORE. CAN'T WASH HANDS? USE HAND SANITIZER.



GET VACCINATED

AGAINST COVID AND FLU.



CLEAN AND DISINFECT

FREQUENTLY USED SURFACES LIKE TABLES, COUNTERS, LIGHT SWITCHES, DOOR KNOBS, AND TV REMOTE CONTROLS.



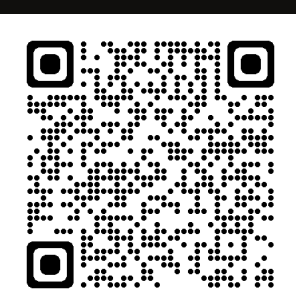
KEEP HANDS AWAY

FROM FACE TO STOP THE SPREAD OF GERMS.



IF YOU FEEL SICK, STAY HOME

FROM WORK, SCHOOL, AND OTHER EVENTS OR ACTIVITIES. IF NEEDED, SEEK MEDICAL CARE.



Island County Public Health

<https://www.islandcountywa.gov>

